16TH ANNUAL MUSTANG MIDDLE SCHOOL FOOTBALL CAMP

WHO: For any athlete entering grades 7 or 8 in the fall of 2019

WHEN: August 19-20-22. (there is no camp August 21 due to back to school night)

WHERE: Camp will be held on the 8th grade practice fields west of stadium.

The Mustang Middle School Football Camp is a great opportunity to develop football skills and knowledge. The camp is designed primarily around skill development, meaning campers will learn position specific skills allowing them to have the best chance to compete at their level of participation. At the end of camp each day, all athletes will have the chance to learn simple offensive and defensive schemes in addition to some fun, competitive games.

CAMP STAFF: Middle school football camp is run by the DCG middle school staff. It is a great way for them to get to know their coach and get a jump on skills and schemes that will be used during the season.

WHAT TO BRING: Each camper should report 20 minutes prior to their camp start time in workout gear. This includes: shorts, t-shirt and football shoes. Lastly, each camper should bring with them a strong desire to work hard and learn about the game of football. Water is available at the high school fields.

CAMP COST:

PRE - REGISTRATION DEADLINE IS JULY 19TH

Registration - \$35.00 Each additional middle school camper – add \$15.00 per athlete to total fee Camp fee includes t-shirts, treats, and instruction

REGISTRATION INFORMATION: Walk up registrations will be accepted on the first day of camp.

- 1. You can fill out the form below and send to the address listed.
- 2. You can also register online with a credit card. There is a small fee to register online. Go to <u>www.dcgcamps.com</u> for more information.

<u>No one will be denied participation due to financial reasons. Please contact Coach Heitland for more information.</u>

PLEASE DETACH THE BOTTOM PORTION OF THIS SHEET AND RETURN IT TO:

DCG MUSTANG FOOTBALL CAMP 1105 NW PRAIRIE CREEK DR GRIMES, IOWA 50111.

MAKE CHECKS PAYABLE TO: DCG FOOTBALL CAMP ANY QUESTIONS PLEASE CALL HEAD COACH SCOTT HEITLAND AT 986-9747.

NAME:					_	2019 GRADE- CIRLCE ONE 7	8
YOUTH T-SHIRT SIZE:	YL	S	М	L	XL	EMAIL:	
ADULT T-SHIRT SIZE:	S	м	L	XL	XXL		

I understand that injuries can occur at a camp of this type. We give permission for the DCG Football Camp staff to seek medical attention should such a situation arise. In doing this, I also assume medical coverage for the above athlete.